

How many times have you said,
"I need to exercise more!"

Only to sit back and wonder when will you **actually** begin!

Those days are over!!!

Introducing the SIT AND STAY FIT PILLOW™

PATENT PENDING

An easy, affordable, and effective way to get the exercise your body needs to maintain good health.

No more trying to decide *when*...

with **Sit and Stay Fit Pillow™**

you can begin ***right now!!!***



Simply open the side zipper to expose the front and side handles and stretching bands. Hold onto the grips and place your feet on the foot bar.

NOW, get ready to ***feel the burn*** as you begin your daily workout...all from the comfort of your seat!

Sit and Stay Fit Pillow is the convenient way to stay in shape...
at work, when traveling, or while watching TV!

In just 5 minutes of arm and leg stretching, you can achieve over two-hundred forced stretches...and you'll **feel the burn** in your arms and legs!

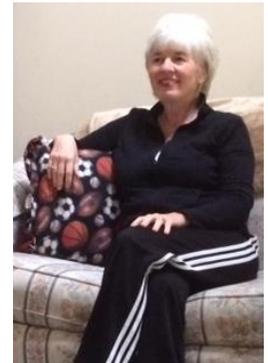
After your "workout," place the handles and bands back into the pillow, zip it up, and now your **Sit and Stay Fit Pillow™** is ready for rest and relaxation. Place the pillow behind your back, as an arm rest, or use it as a head rest. Maybe even take a nap!



The pillow exercise system that's available where you are; on your sofa, office chair, or anywhere you like.

- ✓ No more running to the gym to fit in a workout after work!
- ✓ No need for storage
- ✓ No space taken up on the floor, and
- ✓ Nothing to get in your way as you walk across the room

Sit and Stay Fit Pillow™ is not bulky like a stationary bike, treadmill, or pedal pumping unit. It's functional, it's compact, and it's always at your fingertips...ready for rest or exercise!



Only those who are "**in shape**" with the pillow-exercise system knows "**what's up.**"

[Order yours today](#)
\$59.⁹⁵ + Shipping & Handling



NOW, you can exercise anytime...anywhere!